The Lawn Lover's Cheat Sheet

When it comes to Lawn Care – the right knowledge is everything! Here's the Complete 1 page Lawn Guide to knowing everything you need for a great looking lawn.

- 1. First rule is "toss the RAKE out".
- 2. Now onto mowing you can never mow a lawn too much, however, you can mow a lawn too short, so general rule (for most grasses especially Buffalo & Queensland Blue Couch) you need to mow the lawn around 30mm or 1 inch high at least
 - a) Buffalo & Queensland Blue Couch around 30mm high, reason being is they only have Stolons (above ground runners) so if cut too short that is the end of them
 - b) Kikuyu, Couch (aka Green Couch) & Zoysia can be cut at any height, long or short, whatever turns you on these grasses can, however be cut back to soil (scalping/de-thatching) in Summer as they recover quickly (after fertilizer and rain) all because they have both Stolons and more importantly Rhizomes (below ground runners)
 - c) Rye grass and fescue don't worry about these as they are not that common where I live here in Sydney NSW Australia however, can look great in winter if you want to spice up your kikuyu or couch lawn same as what they do on the SCG in Autumn and Winter
 - d) If the grass is overgrown, only ever mow 1/3 of the grass height at a time so you don't scalp the lawn
 - e) Going into Autumn & Winter mow the grass a notch or 2 higher, more surface area means the grass will photosynthesise more (and continue to green up) with less sunlight hours
- 3. Next, make sure you toss the rake out. Whenever you feel the urge to rake the leaves, debris and rubbish from the lawn, then DON'T! Raking the lawn can cause the lawn to weaken by tearing grass runners away from the thatch, not to mention that the leaves and debris on the lawn have already weakened the grass. So how do we keep the lawn clean? We mow the lawn all the time with a catcher. So, even in the middle of winter and there are leaves on the lawn and the lawn doesn't need mowing, we still mow the lawn with a catcher. If there are lots of leaves every week for a few weeks then we make sure to mow (with a catcher). If you think about it, when there are leaves on the lawn, a bit of shade and the grass is slowing down (especially in winter), then we don't want to damage or weaken the grass anymore by RAKING it.
- 4. Mowing schedule
 - a) Every week in summer
 - b) Every 2 weeks in Autumn & Spring
 - c) Every 3 weeks in Winter, and more if leaves etc need to be picked up
- 5. Watering schedule
 - a) Always water for 1 hour and as often as you mow ie heavy but infrequent watering
 - b) Every week in Summer
 - c) Every 2 weeks in Spring and Autumn
 - d) Nil in winter
- 6. Feeding & fertiliser schedule every 3 months with a good fertilizer with NPK similar to 22:0:5
- 7. Weed control this is starting to get into more difficult territory no time to cover this today
- 8. Lawn Insect ALERTS for Army Worm in the months from January through to May keep a watchful eye for lawn damage by army worm, best products from Bunnings include those with an active called Bifenthrin
- 9. Weed ALERTS for wintergrass, oxalis and other winter weeds from May to December
- 10. Mowers rotary mowers are just fine, mow each week at perpendicular for results similar to cylinder mowers
- 11. Last Rule: Don't believe everything your Lawn Mowing contractor tells sorry to say this but they don't know the tech side of lawns, and more than likely had NIL training in Turf Care (except for starting up a machine).